

Western Wayne County Therapeutic Recreation



For more information call the Westland Therapeutic Recreation Program office at (734)722-7620 or e-mail mmartin@ci-westland.mi.us

FOR CHILDREN AND ADULTS

Children only program denoted with ~

Adult only program denoted with **

Programs and classes

COOKING CLASS

Learn how to make healthy, low cost meals. The first night the group will make a simple meal, and plan the upcoming menus. Also included are clean up and table setting. At the end of the night each person will take home a copy of the recipe. Bring a recipe to share to the first class, the group may vote to include your special recipe in upcoming menus.

Ages: 13 & up

Time: 6-7:30 PM

Session 1: Monday, January 4-25, 2010 (4 weeks)

Price: \$20 Wayne County resident, \$21 non-resident

Session 2: Monday, March 1-29, 2010 (5 weeks)

Price: \$25 Wayne County resident, \$26 non-resident

Session 3: Monday, May 3-24, 2010 (4 weeks) (be prepared to barbecue outside if weather permits in May)

Price: \$20 Wayne County resident, \$21 non-resident member

Per night: \$5 Wayne County resident, \$6 non-resident

Bailey Center

ARTS AND CRAFTS

Make special arts and crafts projects at these classes. We'll make many different projects, some of which will be great gifts for Mom or Dad. Please pre-register three days before each session. If you would like to attend only one or two classes, please indicate which days you would like to come. Supplies for your project may not be available if you do not pre-register.

Ages: 13 & up

Time: 6-7:30 PM

Session 1: Monday, February 1-22, 2010 (4 weeks)

Price: \$20 Wayne County resident, \$21 non-resident

Session 2: Monday, April 5-26, 2010 (4 weeks)

Price: \$20 Wayne County resident, \$21 non-resident

Session 3: Monday, June 7-21, 2010 (3 weeks) No class June 28: Festival Week

\$15 Wayne County resident, \$16 non-resident

Per class: \$5 resident, \$6 non-resident

Bailey Center

****EXERCISE CLASS****

You will love doing exercises with Cheryl! You can have 45 minutes of fun exercises at your pace, even in a chair or wheelchair if you want! Remember to dress for exercise!

Ages: 13 & up

Session 1: Monday, January 4-25, 2010 (4 weeks)

Price: \$12 Wayne County resident, \$13 non-resident

Session 2: Monday, February 1-22, 2010 (4 weeks)

Price: \$12 Wayne County resident, \$13 non-resident

Session 3: Monday, March 1-29, 2010 (5 weeks)

Price: \$15 Wayne County, \$16 non-resident

Session 4: Monday, April 5-26, 2010 (4 weeks)

Price: \$12 Wayne County resident, \$13 non-resident

Session 5: Monday, May 3-24, 2010 (4 weeks)

Price: \$12 Wayne County resident, \$13 non-resident

Session 6: Monday, June 7-21, 2010 (3 weeks) No class June 28: Festival Week

**Price: \$9 Wayne County resident, \$10 non-resident
or \$3 Wayne County resident, \$4 non-resident, per night**

Time: 7:30 - 8:30 PM

Bailey Center

WWCTR SWIMMING AT THE DYER ORTHOPEDIC POOL

Recreational swimming at the heated Dyer pool provides therapeutic benefits as well as socialization. The temperature of the water is 90 degrees. The locker room and the pool are fully accessible. Those requiring one-on-one assistance or supervision in the pool or locker room must bring an aide or family member. All ages are welcome! Register at the door.

Tuesdays, Jan. 5 – June 29, 2010 (Pool closed on school holidays, February 16 & April 6)

6:30-8 PM

Locker rooms open at 6:20 and close at 8:20.

Dyer Orthopedic Pool

Marquette Road between Wayne and Newburgh (see map)

One Night: _____ 5 Swim Card:

\$2.00 Wayne County resident \$10 resident

\$3.00 non-resident \$15 non-resident

Aides and family attend for same fee as member, up to 3 people per member.

WWCTR SWIMMING LESSONS FOR CHILDREN AND ADULTS

Adults: Swim lessons for ages 16 and up who are interested in eventually joining the Special Olympic Swim Team. Students are taught using the Red Cross Swim Program. Basic swim skills are the only levels taught. Class is taught by a Water Safety Instructor in the Dyer Orthopedic Pool, which is heated to 88 degrees.

Ages: Ages 16 years and up.

Children: Swim lessons for children ages 5-15.

Ages: Ages 5-16 years. *Children under 5 are encouraged to join a parent/child swim*

class at your local public pool.

Dates: Session 1: Tuesday, January 5-January 26, 2010 (4 weeks)

Pre-register by January 3, 2009

Session 2: Tuesday, -February 2- March 2, 2010 (4 weeks) No class February 16: Mid winter break

Pre-register by January 29

Session 3: March 9-March 30, 2010(4 weeks)

Pre-register by March 7

Session 4: April 13-May 4, 2010(4 weeks)

Pre-register by April 11

Session 5: May 11-June 1, 2010

Pre-register by May 9

Session 6: June 8-June 29, 2010

Pre-register by June 6

Prices: \$24 Wayne County resident, \$25 Non-resident

Times: 5:30 p.m. - 6:15 p.m.

Place: Dyer Orthopedic Pool

Canton Summit Adapted Swim Lessons

Our swim lessons will be adapted to participants' individual needs and goals. Participants ages 4 and up will be evaluated on a per session basis to accommodate special needs.

Low instructor/participant ratio to give full attention to swimmer needs. Classes will include: Get acquainted with the water; floating; upper body movement; lower body movement; synchronizing arm and leg movements; front crawl basics. Classes held at the Summit, 46000 Summit Parkway in Canton. Please be aware that class size is very limited and early registration is highly recommended. For information on enrollment, please contact the Therapeutic Recreation Coordinator at 734-394-5367.

Day: Saturday

Time/Dates: Call for more information.

Cost: \$50 for 7 week session.

****BOWLING****

Join all your friends and test your skills on the lanes. Bring extra money for a snack and wear comfortable clothes. Special note: for those who are unable to attend every night, please indicate which night you will be attending on the registration form. Pre-register please!

Ages: 13 & up

Time: 6:30-8 PM Wednesdays

Session 1: Jan. 6-27, 2010 (4 weeks)

Session 2: Feb. 3-24, 2010 (4 weeks)

\$24 Wayne County resident, \$25 non-resident

Session 3: March 3-31, 2010 (5 weeks)

\$30 Wayne County resident, \$31 non-resident

Session 4: April 7-28, 2010 (4 weeks)

Session 5: May 5-26, 2010 (4 weeks)

\$24 Wayne County resident, \$25 non-resident

Session 6: June 2-30, 2010 (5 weeks)

**\$30 Wayne County resident, \$31 non-resident
or \$6 resident, \$9 non-resident per night**

Meet at Vision Lanes on Ford between Newburgh and Hix

****NIGHT FOR ME****

Wouldn't it be great to have a night meeting new friends while having fun? What if you could do all that while your family members spent some time on their own? You would be able to tell them all about the great adventure you had! Each night, we will be going to a special place to do activities. Each night there will be one area set aside for children ages 3-12 and a different area for adults ages 13 and up. Snack provided.

**Friday, January 8,
2010**

Activity: Jump in the pool and then have fun playing games. Snack provided. Please bring a bathing suit, towel, etc. For those who do not wish to go swimming, an alternate activity will be provided

Location: Canton Summit, 4600 Summit Parkway, Canton.
(Take Palmer Road

west to Canton Center Road. Continue west, Palmer Road become Summit Parkway)

Time: 6:00 - 9:30 PM

Pre-registration by: January 5, 2010

**\$2 Wayne County resident
\$3 non-resident**



Friday, February 12, 2010

Activity: Check out the NEW aquatic facilities at Romulus Aquatic Center. The indoor water park at the RAC offers an incredible aquatic experience and has every imaginable type of fun activity sure to please every member of your family. With 5 indoor pools including a splash pool, hot tub (probably the largest hot tub you've ever seen!), a lazy river and a 2 story water slide this is the destination for FUN!

Location: Romulus Aquatic Center, 35765 Northline Road, Romulus, 734-942-2223
(corner of Wayne Road and Northline)

Time: 6:00 - 9:30 PM

Pre-registration by: February 9, 2010

\$2 Wayne County resident - \$3 non-resident

2-STORY WATER SLIDE

Friday March 12, 2010

Activity: Pool Party and Rock Climbing Night. Join us for an evening in the pool, then have fun trying to make it to the top of the wall. Snack provided. Please bring a bathing suit, towel, etc. For those who do not wish to go swimming, an alternate activity will be provided.

Location: Livonia Parks and Recreation, 15100 Hubbard Rd. (South East corner of Hubbard Road and 5 Mile Road), Livonia

Time: 6:00-9:30 PM

Pre-registration by: March 9, 2010

\$2 Wayne County resident

\$3 non-resident

Friday, April 23, 2010

Activity: Jump in the pool and then have fun playing games. Snack provided. Please bring a bathing suit, towel, etc. For those who do not wish to go swimming, an alternate activity will be provided

Location: Wayne Community Center, 4635 Howe Rd., Wayne (734)721-7400

Time: 6:00 - 9:30 PM

Pre-registration by: April 20, 2010

\$2 Wayne County resident

\$3 non-resident

Friday, May 21, 2010

Activity: Come to the Wayne County Nature Center at Nankin Mills for a wonderful evening of nature programs, crafts and discovery of new spring foliage. We will identify types of trees and plants and what animal eats the plants. Weather permitting, we'll go on a short nature hike with the naturalist, then return to the center for a craft and discussion on what we discovered on our hike. Snack provided. Be ready to discover another season at the Nature Center.

Location: Nankin Mills, Hines Drive at Ann Arbor Trail

Time: 6:00-9:30PM

Pre-registration by: May 18, 2010

\$2 Wayne County resident

\$3 non-resident

Friday, June 11, 2010

Activity: Movie and Pizza Night at the Bailey.

Location: Bailey Center, 36651 Ford Road, Westland (734)722-7620

Time: 6:00 - 9:30 PM

Pre-registration by: June 8, 2010

\$2 Wayne County resident - \$3 non-resident

Note to parents and support staff: these special nights are designed to provide you the opportunity to have an evening to do whatever you want. Read a book, go out for dinner, go shopping, check out a movie, whatever!

Sponsors: WWCTR, Detroit/Wayne County Community Mental Health, Cities of Westland, Livonia, Wayne, Canton, Toarmina's Pizza

****ARC OF WESTERN WAYNE**

The ARC of Western Wayne County puts on dances several times a year. At each dance, there is a DJ, a raffle, and snacks are provided. Pay at the door, no pre-registration accepted. For more information, including location, please call the ARC at 734-729-9100. *Note: This is **not** a Westland Therapeutic Recreation Program event. Please refer **ALL** questions, including location, to the ARC of Western Wayne County. Co-sponsored by WWCTR.*

January 22, 2010 Arc Snowflake Ball 7-9:00 p.m. \$10.00 per person

February 19, 2010 Arc Valentines Dance 7-9:00 p.m. \$4.00 per person

March 26, 2010 Arc Sock Hop 7-9:00 p.m. \$4.00 per person

June 18, Country Western Hoe Down 7-9:00 p.m. \$4.00 per person

Location: Wayne Community Center, 4635 Howe St., **Wayne**, MI, 48184. (734) 721-7400

Please contact the Aisha at the ARC of Western Wayne County at 734-729-9100 for exact dates and costs.

****Free Movie Night****

Movie (G or PG rated) open to all individuals with disabilities and their families. The movie titles will be announced by e-mail the week before the event. To be placed on the e-mail list, please contact Margaret at mmartin@cityofwestland.com

Location: State Wayne Theater (35310 Michigan Ave.)

Date: Tuesday, March 9, and May 11, 2010

Time: 6 p.m.

Fee: Free-Wayne County resident; \$.99-Non-resident

Concession specials: small popcorn-\$1.00 and small pop-\$1.00.

No pre-registration required.

Co-sponsored by Wayne Parks & Recreation

~~ CHEERLEADING

Therapeutic Cheerleading with Cheer America

Students with special needs will love learning cheerleading routines. This drop-in class is great fun and teaches children to do cheer routines safely. The class will have several opportunities to perform their skills in local parades and competitions. Wear comfortable clothing and athletic shoes. Children will be provided pom poms, and can earn a uniform if they attend at least 4 classes before the first parade or competition. For more information call Cheer America at 800-940-7469.

Co-sponsored by Westland Parks & Recreation and Cheer America

Ages: Ages 6- and up

Dates: Wednesdays, January 6- 2010 – July 21, 2010

Time: 6:15-7:00 p.m.

Place: Bailey Recreation Center, 36651 Ford Rd., Westland

Price: \$4 per class Wayne County resident, \$5 per class non-resident

Drop in program - please pay for each class each week. Pre-registration without payment strongly encouraged.

****GOLF INSTRUCTION****

Learn the basics of golf with golf pro Brian Gabbeart at the Westland Municipal Golf Course! Learn all the basics of golf including chipping, putting, the full swing, etiquette and rules. Students will begin inside with the golf simulators and then take their new skills outside in the spring. This course will give you the chance to learn about golf in a friendly environment where you will be able to practice each skill. This course is designed for people with special needs who want to learn at their own pace. No previous experience required.

Program offered in conjunction with Wayne/Westland Special Olympics Area 23.

Who: Anyone over 16 years old with any impairment.

Session 1: Tuesdays, April 27-May 25, 2009

Session 2: Tuesdays, June 1-29, 2009

Session 3: Tuesdays, July 6 – August 3, 2009

Time: 5:00 – 5:45 PM Pre-registration **required** at least **5** days before the first class of each session.

Cost: \$45 per 5 week session Wayne County or Special Olympics Area 23 member, \$48 non-resident

Where: Westland Municipal Golf Course, 500 S. Merriman Road, Westland, MI

Note: For these classes only, please make checks payable to Westland Municipal Golf Course. Send registration form to the golf course at 500 S. Merriman, Westland, MI 48186.

EASTER DELIGHT NIGHT

Come make an Easter basket and color Easter eggs! This traditional activity is lots of fun for everyone! A snack will be provided. Don't be surprised if our fluffy friend comes by, too! Supplies for your project will not be available if you do not pre-register.

Program co-sponsored by the Westland Civitan Club.

Friday, March 19, 2010

~Kids only (ages 5-12). Children under 8 are required to bring an adult): 5:30-6:45

****Adults only (Ages 13 and up): 7:00-9:00 PM**

\$5 Wayne County resident

\$6 non-resident

Bailey Center

Pre-Register by March 17, 2010.

Red Wings Party

Hockeytown, let's celebrate the best team in Hockey, the Detroit Red Wings! From pre-show until the final buzzer, let's celebrate our team! We'll watch a game as we make our own pizza dinner, and there will be special activities all about hockey! Wear your Red Wings shirt, and come cheer on our team!

Friday, April 9, 2010

Ages 12 and up

Time: 6:00- 11:00 (or 20 minutes after the game ends)

\$5 Wayne County resident

\$6 non-resident

Bailey Center

Pre-Register by March 17, 2010.

Make it for Mom!!!

Make a Mother's Day gift for Mom (or Grandma, or yourself) that she'll never forget! We'll make one-of-a-kind gifts for the bath. On the end of the night you can wrap it up, all ready to give to her! Join Cyndi as she helps you mix up the perfect luxury present!

Ages: 13 and up

Date: Friday, April 30, 2010

Time: 6:00 p.m. – 9:00 p.m.

Price: \$8 Wayne County Resident \$9 Non-resident

Location: Garden City Parks and Recreation (tentative)

Please register with payment by April 27

~T-BALL AND COACH PITCH

Children with special needs are invited to learn the basics of softball at the Westland Therapeutic Recreation T-Ball/Coach Pitch Program. All children are encouraged to participate, regardless of their level of impairment. The head coach is a Certified Recreation Therapist with many years of experience. Program includes skill instruction, practice, and one or two inning games every Thursday night beginning May 20 from 6:30-7:30 PM at **Jaycee Park** in Westland. Equipment (except mitts), team t-shirts, and team pot luck picnic provided.

Games/Practice: Thursdays, May 20-July 29, 2010. Team photos June 3rd

Registration with payment REQUIRED by April 30, 2010. Uniforms will not be available for those who are not registered after the deadline.

Cost of photos extra. Team pot luck picnic: August 5, 2010. No program July 1, 2010.

Times: All practices/picnic:

Ages 3-7: 6-7 PM

Ages 8-12: 7-8 PM

Location: **Voss Park, corner of Palmer and Henry Ruff Roads, Westland.**

Rain Location: Bailey Center Gymnasium, 36651 Ford Road, between Wayne & Newburgh

Bring: water bottles with water, mitt (optional, but none will be provided), sunscreen. Please put the child's name on all personal supplies.

Cost: \$50 per Wayne County resident or resident's sibling, without fundraiser.

\$51 per non-resident or sibling, without fundraiser.

Fundraiser: TBD

Sponsors: Plymouth Rock Lodge #47, Miracle League of Michigan, Westland Parks and Recreation,
Scholarships available for Wayne County residents.

Mini-Golf at Sportway!

What is summer without a day of mini-golf? We'll meet at Sportway on Ford Road west of Hix and spend the morning playing mini-golf and doing the other fun things at Sportway! After mini golf we'll walk next door to McDonald's for lunch.

Ages: All ages welcome.

Dates: Saturday, June 19, 2010

Pre-register by June 15

Times: 10:00 a.m. – 1:00 p.m.

Prices: \$15 Wayne County Resident \$16 Non-resident

~CAMP A.B.L.E. and Leisure Club June 21 thru Aug. 13, 2010

Camp A.B.L.E.: Camp A.B.L.E. is a summer camp for children ages 8-15 with disabilities. For over Eleven summers, this camp has been extremely successful and has set the precedent for Therapeutic Recreation camps to be modeled after throughout Western Wayne County. Once again, Camp will be held at the Cherry Hill School, located on the northwest corner of Cherry Hill and Ridge roads. Low staff to participant ratios are maintained to ensure that each participant is safe and receives the attention he or she needs. Participants take part in a variety of activities throughout the day, interacting with their peers, enhancing social skills, and gaining independence.

Camp A.B.L.E. runs Monday thru Friday, consists of three field trips per week (normally Mondays, Wednesdays, and Fridays), and two days of specially planned activities at the camp site (Tuesdays and Thursdays). Participants may be registered by the day for field trips; Tuesday and Thursday are registered for by the week. Participants are welcome to attend as often as desired. For further information, please contact Emily Laskie at 734-394-5367.

Leisure Club Summer Activities: Join us this summer for another 8 weeks of fun and exciting trips. We will be taking two trips a week to a variety of fun places in our area. Trips will be held on Tuesdays and Thursdays from 12:30-5:30 pm. We will do our best to accommodate as many participants for each trip as possible, utilizing volunteers to keep our ratios of staff to participants safe. Please note, however, that due to the nature of some trips, this may not always be possible. Look for more information on activities and registration in April. For more information, please contact Emily Laskie at 734-394-5367.

Field Trips

****DETROIT PISTONS BASKETBALL GAME****

Our own Detroit Pistons are burning up the court for you! Bring extra money for souvenirs, meal provided. Please have breakfast before arriving. Lunch provided.

All Ages: Children under 12 are required to bring an adult

Saturday January 23, 2010

Time: 5:00-12:00 PM

\$ 35 Wayne County resident, \$ 37 non-resident

Palace of Auburn Hills, meet at the Bailey Center

Pre-registration with payment required by January 11, 2010. Tickets are limited.

****U of M/MSU HOCKEY GAME AT JOE LOUIS****

See college hockey in Hockey Town! This game promises to be the one of the best college level hockey games! Come enjoy the thrill of watching a great game! Please bring extra money for souvenirs. Snack provided, have dinner before arriving.

Ages: 13 & up

Friday, January 30, 2010

5:30-midnight

\$25 Wayne County resident, \$27 non-resident

Joe Louis meet at Bailey Center

Pre-registration with payment required by January 12, 2010

****Dave and Busters****

Dave and Busters provides a wide variety of arcade and video games. After you and your friends enjoy a great lunch, you'll head out to the games for an afternoon of fun! \$10 game card, lunch, supervision and transportation included. Please bring extra money if you want to play more games or if you want to buy any souvenirs.

Ages: 13 & up

Saturday, February 13, 2010

10:30 AM -6:30 PM

\$40 Wayne County resident, \$42 non-resident

Dave and Busters, Utica meet at Bailey Center

Pre-registration with payment required by February 1, 2010

****Disney on Ice****

This is one of our most popular events: come see Disney on Ice at the Palace of Auburn Hills! This show is full of great skating and Disney music. See your favorite Disney characters come to life in front of your eyes. Bring extra money for souvenirs, lunch provided. Please have breakfast before arriving.

All Ages: Children under 12 are required to bring an adult

Saturday, February 27, 2010

Time: 9:30 a.m. -4:00pm

\$ 40 Wayne County resident, \$ 42 non-resident

Palace of Auburn Hills, meet at the Bailey Center

Pre-registration with payment required by FEBRUARY 15. Tickets are limited.

****Cirque Amongus****

Learn the fundamentals of circus arts - juggling, movement and balancing - in a safe, fun-filled, and educational environment. Teachers and volunteers have an unforgettable experience as they are transformed into circus arts instructors, choreographers, stage hands, wardrobe chiefs & make-up artists. Lunch included.

Parents and family members: come at 1:30 see the show! The group will perform their new skills for you!

All Ages: Children under 12 are required to bring an adult

Saturday March 13, 2010

Time: 10:00-3:00 PM

\$25 Wayne County resident, \$27 non-resident

Meet at the Bailey Center

Pre-registration with payment required by March 1, 2010.

****Museums, Museums, Museums!****

Discover the fascinating world at The Museum of Natural History, prehistoric life, Michigan wild life, anthropology and geology. Take part in a scavenger hunt. Then we will head on the Kelsey Museum of Archaeology which houses a collection of nearly 100,000 ancient objects. The last stop will be the University of Michigan, Museum of Art to explore the vast collection of visual art. Come and enjoy history and wonder. A bag lunch and dinner provided. Please dress accordingly for the weather.

Ages: 13 & up

Saturday, March 27, 2010. 9:30-6:30 p.m.

\$30 Wayne County resident, \$32 non-resident

Meet at the Bailey Center

Pre-registration with payment required by March 15th, 2010

Globetrotters!

Come see the Globetrotters 2010 World Tour stops at the Palace of Auburn Hill. This wholesome family entertainment is known world wide for thrilling fans young and old, making cherished memories. High flying show features some of the most extraordinary athletes and entertainers on the planet. Big Easy Lafton, Flight Time Lang and Ant Atkinson just to name a few. Dinner will be provide. Bring money for souvenirs and be ready to have a ball.

Ages: 13 & up

Sunday, April 11, 2010. 2-8 p.m.

\$30 Wayne County resident, \$32 non-resident

Meet at the Bailey Center

Pre-registration with payment required by March 28, 2010

****MYSTERY TRIP****

*Maybe in, maybe out,
Maybe warm and maybe not.
Come spring out on this trip and enjoy the fun,
The bus is ready, we're on the run.*

*The sounds, the sights, what will there be?
It might smell yummy, wait and see?
Come along with us, you'll be surprised
What great things before your eyes!!*

Ages: 13 & up

Saturday, April 17, 2010

10:30-6:30 PM

\$30 Wayne County resident

\$32 non-resident

Pre-registration with payment required by April 5, 2010

****Oklahoma! Stage Performance****

Come visit the Oklahoma territory in 1906 with its cowboy and farmers and the conflict that arises when cow meets wheat! Listen to memorable scores of familiar songs and characters as loveable and charming as this American icon. This classic musical was the first collaboration of Rodgers and Hammerstein, and it changed musical theater forever. Please have lunch before you arrive.

13 and up

Saturday, April 24, 2010 1:00-5:00

\$ 10 Wayne County resident

\$ 12 Nonresident

Village Theater on Cherry Hill Rd.

Meet at The Bailey Center

Registration with payment required by April 15, 2010

****WYCD COUNTRY HOE-DOWN****

Yee, Ha-ah! Let's go downtown to the biggest hoedown in the country! There will be many local and international celebrities to see, and lots of fun things to do. Wear your country western garb and bring money for souvenirs. Be ready for weather. Bring extra money to buy a snack while you're there.

Ages: 13 & up

Friday, May 14, 2010 (Rain date: Saturday May15, 2010)

5:30 pm -Midnight

\$15 Wayne County resident

\$17 non-resident

Hart Plaza, Detroit, meet at Bailey Center

Pre-registration with payment required by MAY 3. Tickets are limited.

****Lansing Adventure Extravaganza****

The walk begins at the sun, strolling over five billions scale miles in less than one hour. Traveling through the solar system at our own speed, with every foot step you'll cover one million scale miles, ending up at Potter Park Zoo. From back yard to barn yards, to birds down under, primates, tigers and clown fish Oh My! A fun filled adventurous day of discover. A picnic lunch will be provided along with dinner. Bring extras for souvenirs. Please dress for accordingly for our Michigan weather!

13 and up

Saturday, May 22, 2010 9:00 a.m.-9:00 p.m.

\$35 Wayne County resident

\$32 Nonresident

Meet at the Bailey Center

Preregistration with payment required by May 10, 2010



****TIGERS GAME****

The Tigers are at it again! Come see the Tigers play at Comerica Park. Wear your Tigers hat, T-shirt and be ready for a great game! Stadium dinner included. Bring extra money for souvenirs. Seating limited, please register early! Payment in full required to hold your spot.

All ages welcome. Children under 10 should be accompanied by an adult.

Date: June 12, 2010 *Tentative.* At press time we could not confirm the date. Please double check after April 1, 2010.

Time: 5:00-12:00 midnight

\$35 Wayne County resident

\$37 non-resident

Pre-registration with payment required by June 4, 2010.. Tickets are limited.

Comerica Park, meet at Bailey Center

****Howell Balloonfest's 25th Anniversary****

Join us for a day of hot air ballooning, featuring more than 50 gorgeous balloons. It's a day of high flying fun. Enjoy skydiving jumps, dog shows, art festivals, music, downtown activities and more. Don't forget the fabulous balloon glow after dark.

Reminder: to enjoy the day, bring a jacket for the evening, a camera and comfortable walking shoes, lawn chair or blanket with your sunglasses. Snack and dinner provided. Bring extra money for souvenirs

All age- children under 10 should be accompanied by an adult.

Saturday, June 26, 2010

12:00-12:00p.m.

\$30.00 Wayne County resident

\$32.00 Nonresident

Meet at the Bailey Center

Preregistration with payment required by June 6, 2010

OTHER ACTIVITIES

To find out more visit www.blazesports.org

BLAZE SPORTS

Whether you dream of being a Paralympic athlete, just want to shoot some hoops, or learn to swim, BlazeSports America has the program that's for you!

BlazeSports America offers community-based sport, recreation, physical activity, and healthy lifestyle programs for children and adults with physical disability.

Individuals who have spina bifida, have a visual impairment, an amputation, spinal cord injury, or who have a neurological disability such as cerebral palsy can participate in and benefit from BlazeSports programs.

****WHEELCHAIR BASKETBALL FOR ADULTS**

The Westland Therapeutic Recreation Program co-sponsors the Westland Wizards Wheelchair Basketball team. The season begins in September/October. Games are played at the Bailey Center and are open to the public. For more information, please call Shaun Graham @ 734-762-9573 or Jose Zavala at 734-721-1835.

WARRIORS OF WESTLAND SPORTS TEAM FOR THE PHYSICALLY IMPAIRED

Sports practice and competition for the physically challenged person, ages 7 and up. Disabilities include: Cerebral Palsy, Muscular Dystrophy, stroke, Spina Bifida, etc. Practice and competition in sports such as track, field, boccia, swimming, bowling, slalom, weight lifting and rifle shooting. Participation encourages: competitiveness against like disabilities, socialization, exercise, and improves self esteem. The sports team sponsors bowling outings, hotel overnight stays, fund raisers, yearly victory and Christmas parties, etc. There is no cost to join the team, but there are registration and accommodation costs for competitions. Ample opportunities for athletes to earn \$\$ for their own sports accounts are available, to defray costs.

Sports practice: Saturday mornings, mid-September to mid-May 10:00-noon at the Bailey Center.

For more information contact: Deborah Marlow (734)783-2968.

BLAZE SPORTS POWER SOCCER TEAM

Power wheelchair users are invited to participate in a power soccer team. Power soccer is the first competitive team sport designed specifically for power wheelchair users. Participants include persons with quadriplegia, multiple sclerosis, cerebral palsy, head trauma, stroke and other disabilities. The United States, Canada, Japan, and Denmark are currently fielding teams. Power soccer is a team sport played by individuals with various disabilities. Male and female participants, younger or veteran, are often on the same team as well as opposing sides. The game is usually played in a gymnasium on a regulation basketball court. Two teams of four power chair users attack, defend and maneuver an oversized soccer ball into the designated goal for scores. The game is similar to the non-stop action seen in a typical indoor soccer game.

For more information call Deborah Marlow (734)783-2968, Westland Therapeutic Recreation Program 734-722-7620.

When: Winter and Spring Season dates: Jan. 23, Feb.6, 20, March 20, April 3, 17
Contact the office if you are interested. If you would like to be on the power soccer e-mail group, please contact mmartin@ci.westland.mi.us

Time: 10:00-12:00.

Ages: 7 and up

Cost: \$30.00 residents \$32.00 nonresidents

Note: All athletes must be a member of Westland Therapeutic Recreation Program or the Miracle Field League of Michigan.

WHEELCHAIR HOCKEY

Electric Wheelchair Hockey is a provisional IWAS Sport Section and is working towards seeking full Sport Section status. For more information, contact Mary Stack, Sports and Recreation Coordinator, Ann Arbor Center for Independent Living, phone: (734) 971-0277 x- 56 or e-mail: mstack@aacil.org This groups practices at Ward Presbyterian Church in Northville.

Here is the schedule for the Hockey program for the rest of the season.

23-Jan 12pm-3pm,
6-Feb 12pm-3pm
13-Feb 1pm-4pm
27-Feb 12pm-3pm
6-Mar 1pm-4pm
13-Mar 12pm-3pm
20-Mar 1pm-4pm
27-Mar 12pm-3pm
10-Apr 12pm-3pm
24-Apr 12pm-3pm
1-May 12pm-3pm
15-May 12pm-3pm
22-May 12pm-3pm

SLED HOCKEY

If you love hockey and you have a physical disability, then this sport might be just what you're looking for! It is a fast paced and exciting game, and if you have never tried it then we invite you to join us in the action. We will provide all of the equipment you need to try it out. Please contact Emily Laskie at 734-394-5367 for any further information. Sled Hockey will be held on the following Saturdays:

January 9 & 23

February 6 & 20

March 13 & 27

SPECIAL OLYMPICS

Athletes with cognitive impairments are encouraged to contact Ron Kulas at 734-673-1947 for more information about all of the sport opportunities offered by Special Olympics.

DEARBORN SPECIALS

Anyone interested in the activities for people with special needs offered by Dearborn Parks and Recreation, please contact Denise Toepfer at 313-943-2356.

TOPP SOCCER

Provides soccer programs in the spring and fall. All children with disabilities are welcome. Any questions, please call Lisa Kreza at (734) 354-6498 or E-Mail to: [**toppsoccer@hotmail.com**](mailto:toppsoccer@hotmail.com)

THANK YOU'S

We could never provide any of our programs without the help of many volunteers and organizations! Thank you to each and every one of you for your generosity!

Harriet Buck

Steve Peck: Miracle League of Michigan

Cindy Hawk, Blaze coach

Roy Moebs

Steve Nelson, Mustang coach

Plymouth Masons

Plymouth Shriners

Toarmina's Pizza

Westland Civitan Club

THERAPEUTIC STAFF TO SERVE YOU!

Bob Kosowski, Parks and Recreation Director

Margaret Martin, Therapeutic Supervisor

Pat Henry, Secretary

Jessica Barrett, Leader

Rose Brokaw, Recreation Therapist, Leader

Samantha Collins, Lifeguard, Leader

Cheryl Cosman, Exercise Instructor

Cindy Donahoo, Recreation Therapist, Leader

Kyle Erdmann, Lifeguard

Steve Fletcher, Leader and Driver

Brian Gabbeart, Golf Pro and Instructor
 Ken Heberling, Head Therapeutic Lifeguard
 Richard Heineke, Leader and Driver
 Pat Landa, Leader
 Glenda Lundy, Leader and Driver
 Deborah Marlow, Recreation Therapist, Leader, coach
 Courtney MacDonell
 Sandi Moebs, Leader
 Josh Piehl, Lifeguard
 Mari Kay Savatsky, Recreation Therapist, Leader
 Tammy Wierciach, Leader

Registration Forms:

Please return registration forms and payment to:
 Westland Therapeutic Recreation Program, 36651 Ford Road, Westland, MI 48185
 Make checks/money orders payable to: City of Westland

Cancellation Policy: If you are unable to attend an activity that you have paid for, credit will only be granted if you give us 24 hours notice. Westland Parks and Recreation and the Westland Therapeutic Recreation Program welcome everyone regardless of disability. If you need a special accommodation in order to participate in any program, or if you have any questions, problems, concerns or comments, please contact Margaret at (734)722-7620. Please remember that a participant who is unable to feed or toilet independently must be accompanied by an aide.

January Activities

Name: _____
 Address: _____
 City: _____
 Phone: _____ Emergency Phone: _____
 E-mail address: _____

Amount	How Many
<u>Cooking Class</u>	4, 11, 18, 25
<u>Exercise Class</u>	4, 11, 18, 25
<u>Bowling</u>	6, 13, 20, 27
<u>WWCTRA Night For Me</u>	8
<u>Detroit Pistons Game</u>	23
<u>UM/MSU Hockey Game</u>	30
<u>Swim Class</u>	5, 12, 19, 26

Totals: _____

For office use only: date: amount: receipt #

February Activities

Name: _____

Address: _____

City: _____

Phone: _____ Emergency Phone: _____

E-mail address: _____

Amount	How Many
Arts and Crafts	1, 8, 15, 22
Exercise Class	1, 8, 15, 22
WWCTR Swim Class	2, 9, 23
Bowling:	3, 10, 17, 24
WWCTR A Night For Me	12
Dave and Busters	13
Disney on Ice	27

Totals: _____

For office use only: date: amount: receipt #

March Activities

Name: _____

Address: _____

City: _____

Phone: _____ Emergency Phone: _____

E-mail address: _____

Amount	How Many
Cooking	1, 8, 15, 22, 29
Exercise Class	1, 8, 15, 22, 29
Swim Class	2, 9, 16, 23, 30
Bowling:	3, 10, 17, 24, 31
A Night For Me	12
Cirque Amongus	13
Easter Delight Night	19
Museum Trip	27

Totals: _____

For office use only: date: amount: receipt #

April Activities

Name: _____

Address: _____

City: _____

Phone: _____ Emergency Phone: _____

E-mail address: _____

	How Many	Amount
Arts and Crafts	5, 12, 19, 26	
Exercise Class	5, 12, 19, 26	
Bowling	7, 14, 21, 28	
Red Wings Pizza Party	9	
Swim Class	13, 20, 27	
Mystery Trip	17	
A Night For Me	23	
Oklahoma	24	
Make it for Mom	30	

Totals: _____

For office use only: date: amount: receipt #

May Activities

Name: _____

Address: _____

City: _____

Phone: _____ Emergency Phone: _____

E-mail address: _____

	How Many	Amount
Cooking Class	3, 10, 17, 24	
Exercise Class	3, 10, 17, 24	
Swim Class	4, 11, 18, 25	
Bowling	5, 12, 19, 26	
Hoe Down Trip	14	
A Night For Me	21	
T-ball	May 20-August 5 6:00 PM, 7:00 PM (circle one)	
Lansing Extravaganza	22	

Totals: _____

For office use only: date: amount: receipt #

June Activities

Name: _____

Address: _____

City: _____

Phone: _____ Emergency Phone: _____

E-mail address: _____

	Amount	How Many
Arts and Crafts		7, 14, 21
Exercise Class		7, 14, 21
Bowling		2, 9, 16, 23, 30
Swim Class		1, 8, 15, 22, 29
A Night For Me		11
Detroit Tiger Game		12
Howell Balloon Fest		26

*For office use only: date: amount: Totals: _____
receipt #*